

Strengthening Your  
EARLY CHILDHOOD PROGRAM  
Using Sequential Hands-on Language, Music and Movement Activities  
To Motivate and Accelerate Early Learning  
(For Toddlers to First Graders)

Stimulate and accelerate the learning and performance abilities of all your children with the latest cutting-edge classroom proven activities to stimulate the whole brain, improve circulation of blood, energy and nutrients, and make vital neurological connections between the brain, nervous system and muscles to make learning more fun, effortless and desirable.

Learn proven, recently recommended strategies to build a foundation of strength, balance, endurance, and coordination while enhancing social-emotional skills and self esteem.

How to present a logical progression of activities so children can continually be challenged while constantly succeeding in developing the gross and fine motor skills they will carry with them through life.

Strategies for making more effective use of music and movement activities to promote listening and concentration abilities while developing self control, rhythm, beat and timing.

Discover the power of using the vocalization activities to build the foundation for eloquent speech, phonological processing, literacy skills and competent communication abilities.

A highly interactive workshop that includes the latest research and physiological benefits as well as a resource book for incorporating these activities into all early childhood classrooms and child care settings.

Practical Ideas and Strategies

Learning isn't something that happens only from the neck up, especially when it comes to preschoolers and kindergartners. This highly interactive, engaging and informative seminar will enlighten you to the magic of incorporating purposeful and creative movement, music and vocalization activities to stimulate children's bodies and minds while making learning more fun, effortless and desirable. Early childhood motor development specialist, children's entertainer, teacher, author and curriculum designer Scott Liebler will keep you moving, learning and having fun as he presents the latest classroom proven strategies, activities and research that will enable you to help ALL young children build a foundation of physical competency, active listening abilities, eloquent speaking abilities, multiple intelligences, self esteem and much more! The seminar will also focus on unique and proven multi-sensory activities to help get your children on a faster track for achieving the academic objectives they will need to be fully prepared for entering elementary school. The day will feature continuous demonstrations,

beautiful music, actual classroom video clips and photos, stimulating discussion, sharing of ideas and all the participation you care to involve yourself in. In addition to a resource handbook, you will leave this seminar with dozens of activities to incorporate into your current programs, innovative methods to help accelerate delayed learners, proven strategies for maximizing the functionality of the whole child and a broader understanding of why children need to practice moving, listening and using their voice to achieve optimal learning and performance abilities.

### Ten Key Benefits of Attending

#### 1. Help Children Achieve Optimal Motor Skills

Research proves that children will learn the majority of their fundamental motor skills between the ages of 2-10.... Discover a proven system.... Learn to design a sensible sequence of progressive movement patterns children can practice step by step to build a solid foundation of strength, balance, endurance, confidence and coordination.

#### 2. Understand How Movement Opens the Doors to Learning

Learn why movement is one of the most effective ways to help children manage stress, maintain emotional stability and make learning more fun effortless and desirable.... Discover how movement is essential for optimal brain development and enhancing learning abilities through stimulation and circulation

#### 3. Use Music to Promote Listening and Concentration

Learn the importance of starting with a progressions of simple sounds to promote active listening.....Develop concentration with progressive movement patterns and dance steps.....enhance memory and timing skills with rhythm building activities.

#### 4. Explore the Voice and Build Confidence to Speak and Communicate

Practical strategies to help children discover and explore their vocal abilities..... Learn fun and entertaining strategies to stimulate and exercise pitch, range, tone, volume and pronunciation.

#### 5. Stimulate the Whole Brain and Balance Learning Styles

Movement, music and speech are proving to be three of the most efficient strategies for activating and developing all areas of the brain....Learn how to use these disciplines to create multi-sensory learning techniques to coordinate and strengthen visual, auditory and kinesthetic learning abilities.

#### 6. Foster Interest in Physical Activity and Help Prevent Obesity

Habits and attitudes are acquired through repetition and desire....Early childhood is the opportune time to build the character, confidence and coordination children need to develop the passions they will carry into adulthood....Children love to move, some never stop moving.....learn how to incorporate activities that provide purpose and make the most out of their natural desires to move.

### 7. Enhance Creativity and Imagination

Decreasing stress and tension helps open the doors to the imagination...Learn how to incorporate imaginary adventures and design stories that keep children moving continuously for several minutes to build cardiovascular endurance, decrease stress and tension and stimulate the imagination.

### 8. Effective ESL Strategies

Use these activities to teach children the basics of the English language...Learn how these strategies are used in other countries to provide natural, fun and effective ways to learn another language...offer your students a fast but fun track into learning language.

### 9. Achieve Academic Learning Objectives While Having Fun

Children can learn anything, especially if it's fun, concrete and stimulating for their bodies as well as their minds...Learn how to direct children to step, hop, tap, jump, sing and dance while learning to identify shapes, colors, numbers and letters, and learn basic facts about science and nature.

### 10. Become More Effective With All Learning Styles and Behaviors!

Expand your creativity and strengthen your abilities to seek and build on the natural beauty, talents and special gifts of all your children...Discover three power phrases that make discipline more sensible, meaningful and effective...Learn strategic ways to address developmental delays and help children deal more effectively with learning and behavioral difficulties.

### Here's What You'll Learn

Discover the four priceless gifts for raising amazing children and learn how you can use them to empower all children

Use the three magical power phrases that empower all children and make your discipline more sensible, meaningful and effective

Implement five types of physical, Fun-sical activities that keep children moving and improving

Design and present an organized progressive sequence of movement patterns to train children to achieve optimal motor skills

Use music to strengthen listening and promote concentration

Encourage children to engage their bodies and minds with creative and purposeful motor planning

Decrease stress and tension to make learning more fun, effortless and desirable

Use music, movement and vocalization to stimulate the whole brain, increase circulation of blood, energy and nutrients and make vital neurological connections between the brain, nervous system and muscles

Deal more effectively and compassionately with developmental delays, ADHD and other learning and behavioral problems

Use activities to improve sensory processing and integration

Incorporate multi-sensory exercises to help strengthen aural comprehension, visual perception and kinesthetic performance skills

Utilize vocalization activities to stimulate the whole brain, increase oxygenation and improve speaking abilities

Stimulate children's memory and retention

Use physical activity to enhance phonological awareness and provide a fast track for delayed students needing to acquire letter recognition and other academic objectives

Teach safety and address negative behavior with effective strategies to encourage children to think and act with more thought and consideration

Stimulate and enhance multiple intelligences

Incorporate yoga, Brain Gym, Tai Chi, developmental gymnastics and simple manipulatives like balls, scarves, rhythm sticks to keep your children moving and improving.

Use effective techniques and activities for the various age groups, while learning what is developmentally appropriate

Use sign language to enhance speaking abilities

Enhance spatial awareness, consideration and self-control

Learn proven and effective strategies for managing your own stress and tension

#### Quotes and Testimonies

The workshop was exactly what I was looking for in movement/music class. There were so many ideas I will be able to bring back to the classroom.

Our lead teacher's written evaluations showed that they found this workshop to be upbeat, fun, developmentally appropriate and extremely practical. They repeatedly mentioned that purchasing the books, tapes, and CD.s enabled them to apply the new ideas in the classroom the very next day. They like learning why movement is important and the research that supports it. They learned how to teach, not just what to teach. They look forward to seeing if inappropriate classroom behaviors will be reduced with the addition of this program.

I know the program is something we will continue in our preschool curriculum. The staff at High Plains preschool recommends Funsical Fitness to all who really care about the physical development of children.

Scott presented his Silly-cise, grinnastics, chuckle jamming and many other Funsical activities to our teachers and librarians and THEY LOVED It! They loved the unique approach to storytelling and our children's librarians are using them in their storytelling circles. The kids can't get enough of it.

Thanks for the wonderful program and innovative approach to our circle times. I am delighted to let other schools know this.

I would like to thank Scott for the wonderful and most useful ideas to incorporate into our early childhood programs. I would highly recommend this workshop to all early childhood programs

I think of Scott and all his crazy antics, and touching words of wisdom and I can't help but smile. This workshop is sure to tug at the heart strings and tickle the funny bones of all who experience it.

Your presentation at the Yakima Valley Association for the Education of Young Children was outstanding. You are truly an example of how professionals can demonstrate dedication toward continuing to improve the lives of young children and their families.

Thank you for showing children they can have fun exercising no matter what size or shape they are. They are truly creative and well organized activities. The children seem to memorize them easily. We saw children respond to these activities where they had not responded before. The kids have fun and make friends with each other quicker now.  
Rose and Arlene – Stauter Head Start, Pueblo CO

I truly mean it when I say that Funsical has really made a difference. The growth in children's physical health as seen on their assessments is all because of this program.  
Linda Adams – The Center, Leadville CO

Funsical helps an overweight child get the physical activity that is not offered at home. It helps a child's imagination, listening skills, coordination, social skills and most important

self control and listening skills. It also helps the teachers get some much needed exercise as well.

Arlene and Tammy – Belmont Head Start, Pueblo, CO

Children are more active and creative, especially in the play area where I see them integrating Funsical activities into their creative play.

Cyndy – Moujntain Tots, Eagle CO

The shy and backward children who have a hard time interacting with other children are overcoming it much quicker since we've been participating in the Funsical program at our Head Start.

Ruby – Riverside Head Start, Grand Junction, CO

Some of the kids will participate in thiis when they won't participate in other group activities. But after doing Funsical they become more energetic, courageous and willing to participate in other things.

Janet – Fruita Head Start, CO

I find that by doing Funsical in the morning the children are more focused and able to make clearer choices about what to do next.

Lyndsay – Buena Vista Head Start, CO

The children look forward to doing Funsical everyday. They ask for it all the time and sing the songs frequently throughout the day. It's a very rewarding experience and leaves the children in a positive mood.

Rebecca – Jamaica Head Start, Aurora, CO

Since we've been doing Funsical, the children are more tuned in to all movement and music activities, and their participation has increased to 100%. We are noticing a big improvement in balance and coordination.

Theresa – Belmont Head Start, Pueblo CO.

The children who didn't want to participate in the beginning are now happily taking part. I see a big change in them. They are singing and acting out different parts throughout the day.

Marie – Fulton Hights Head Start, P:ueblo, CO

We are thrilled with the new movement and music ideas that Funsical brings to our children. It is a time for renewing excitement for our teachers as well.

Reta Ott – A Child's Touch, Thornton, CO

## Biographical Information

Scott Liebler is a highly engaging, entertaining and energetic presenter with over 25 years in the early childhood field as a classroom teacher, entertainer, researcher, curriculum designer, author, grant writer, college professor and workshop presenter. He is passionate about sharing the latest research and proven strategies that will empower children to build a foundation for competent physical development, stress and behavior management and momentum for lifelong learning desires. He is the creator of Funsical, a proven and effective early childhood education and entertainment system for raising amazing children. He has received numerous foundation grants to develop curriculum and provide training for early childhood professionals. Scott will keep you moving, learning and having fun as he shares the latest research and gives you dozens of practical ideas, activities and strategies you can use in your classroom to train your children to think, listen, imagine, play and learn with more purpose, passion and FUN!

## Key Elements of Handbook

Outstanding gross motor, vocalization and music activities that are ready to use with preschoolers and kindergartners.

The best new multi-sensory techniques to enhance phonological awareness and oral language skills for all your children.

Developmentally appropriate, progressive sequences of activities for building optimal learning and performance capabilities.

Sequential motor patterns and choreography for building strength, balance and coordination.

Proven behavior management strategies.

Suggested classroom implementation strategies and methods

## Letter from instructor

Do you believe that all children are born with the ability to be able to learn and do at least one thing as well as anyone else. Hopefully, you do, and that's why you became an early childhood professional and one of the most important people on the planet.

Research reveals that children who discover their passions and build a firm foundation of strength, balance, endurance, character, confidence and coordination in their crucial early years of personality and attitude development, generally experience fruitful, successful lives. That's why I have spent over 25 years researching, developing and teaching the most Fun and effective strategies for helping children build this foundation and discover their passions and interests.

Children have unique blends of abilities, learning needs and desires. In order to meet these needs and fulfill their desires we need a variety of teaching techniques, disciplinary strategies, the compassion and energy to help our children become motivated, successful enthusiastic learners and performers.

If you believe that you are in one of the best positions to help all your children find their path to an enriched, fruitful and successful life, then let me help you fulfill your passions and help your children discover theirs. I can't wait to share with you some of the most fun and effective strategies used by professional educators, therapists, medical professionals, and the thousands of children and teachers, just like you, that I have been so fortunate to work with and learn from.

Let's make learning fun and let me show you some Grinnastics, Rap n Tap, Silly-cise, Adventurobics, Phonsical Fitness and dozens of other activities that are guaranteed to have powerful positive impacts on the physical, mental and emotional development of all children. Come and revisit your childhood as we take a journey into the beauty and wonder of the early childhood experience and discover how to help all our children become the beautiful and wonderful people they were born to be!

Sincerely  
Scott Liebler